#### How to Enrol:

- Complete the Application Form
- Send the Completed Application Form together with a deposit of €10 per child (non-refundable) to:
  - Ingrid Kelly Club Registration 0897038784
  - Tony Dunne, Games Promotion Officer 0877629531

Application Forms may be returned to Páirc Bharróg on

Saturday mornings 10.00 am - 12.00 pm or into the Club Bar

\*NB Please notify us before camp if you object to your child being photographed.

Youth coaching sessions in Football, Hurling/Camogie. All coaching sessions carried out by Dublin Inter County Players. Also Lectures In

Health and Well Being, Strength and Conditions and Nutrition, all these sessions will be carried out by qualified personnel.

These Coaching Sessions are open to all Levels from 13 to 16 years of age.



(FOUNDED 1974)
CLUBHOUSE & CLUBGROUND,
KILBARRACK ROAD,
DUBLIN 13.
TEL: 839 6963
www.naomhbarrog.com

BOYS & GIRLS

GAELIC FOOTBALL & HURLING/CAMOGIE

Youth Coaching Sessions - 2018

Camp: Tue 17th to Thu 19th of July

For Boys & Girls 13, 14, 15 & 16

APPLICATION FORMS TO BE RETURNED
BY 15th July 2018
Minimum age 13 Years old

Places may not be available after this date.

## Course Details:

Venue Páirc Bharróg, Kilbarrack Road, Dublin 5

Dates Sessions

Tue 17th Wed 18th Thu 19th July

# Cost Sessions

€40 per individual

Family rate 2nd child €35

3rd child €30

Times 10.00 - 12.00 Session 1

12.00 - 12.30 Lunch 12.30 - 2.00 Session 2

#### Please Note:

- Mouth Guards are compulsory.
- Hurleys & Helmets: It will be compulsory to wear Helmets.
   Hurleys & Helmets will be provided. Those who have their own
   Hurley & Helmet should bring them along with them.
- Equipment is for sale at the Club.
- You Must be 13 to take part in these sessions

## Reminders!

- Bring a packed lunch for break at 12.00.
- Bring Football Boots, Hurley and Helmet, Track Suit each day.
- Dressing Room facilities are available. Boots must be removed before entering.
- If you are bringing a bicycle make sure you have a lock.
- The Rules of the Camp must be obeyed at all times.
- These sessions are open to all levels from 13 to 16 years of age



# Youth Coaching Sessions 2018

# APPLICATION DETAILS

NAME
ADDRESS
DATE OF BIRTHTEL
BOY Girl
SCHOOL
Do you play for Naomh Barróg?
Has your child permission to walk home? YesNo
Any Medical Notes
Fee enclosed Euro.
Cheques made payable to Naomh Barróg.
Signature: Date
Parent/Guardian